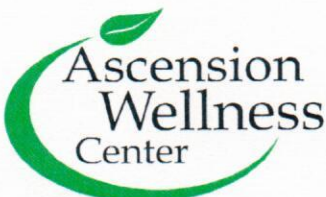


Account Number: \_\_\_\_\_

Date: \_\_\_\_\_



CHIROPRACTIC & ACUPUNCTURE

## Patient Intake Form

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone (Home): \_\_\_\_\_ Phone (Mobile): \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Gender: M/F Marital Status: S M D W

Email Address: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

*Successful health care and preventative medicine are only possible when the practitioner has a complete understanding of the patient physically, mentally, and emotionally. Please complete this questionnaire as thoroughly as possible. Print all information and indicate areas of confusion with a question mark. Thank you.*

1. Have you ever received chiropractic care? Y N If yes, when? \_\_\_\_\_

### Primary Complaint

2. Primary reason for seeking chiropractic care: \_\_\_\_\_

Additional reasons for seeking chiropractic care: \_\_\_\_\_

3. Have you had this condition before? Y N If yes, when? \_\_\_\_\_

What treatments did you seek for this condition? \_\_\_\_\_

Were the treatments helpful? \_\_\_\_\_

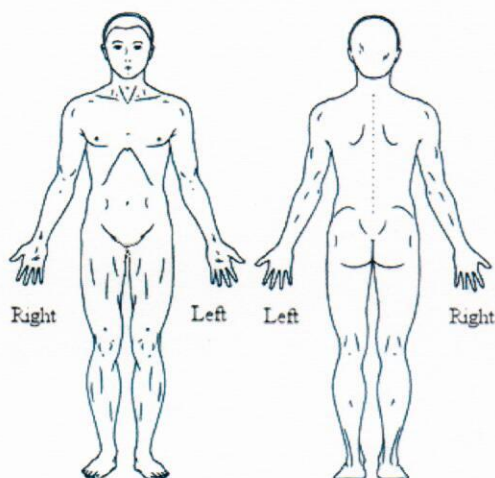
4. Is your present condition due to an injury? Y N

Work related? Y N Auto accident? Y N Other? Y N

Has the accident been reported to an employer or an insurance provider? Y N

Has your case been referred to an attorney? Y N

5. When did your complaint begin? \_\_\_\_\_
6. What caused your complaint to begin? \_\_\_\_\_
7. How does your complaint affect your activities of daily living? \_\_\_\_\_
8. Please describe the Location of your complaint: \_\_\_\_\_
9. Please circle the Quality of the complaint/pain: Dull Aching Tight Sharp Shooting Burning Nagging Other \_\_\_\_\_
10. Does your complaint/pain Radiate or Travel to other areas of your body?      Y      N  
If yes, where? \_\_\_\_\_
11. Do you experience any numbness or tingling in your body?      Y      N  
If yes, where? \_\_\_\_\_
12. Please circle the number that most accurately grades the Intensity/Severity of your complaint/pain  
(No discomfort or pain) 0   1   2   3   4   5   6   7   8   9   10 (The worst pain imaginable)
13. How frequently is your complaint/pain present?  
Rarely (0-25%)              Occasionally (26-50%)              Often (51-75%)              Constantly (76-100%)
14. How long does your complaint/pain last? \_\_\_\_\_
15. Does anything aggravate your complaint/pain? \_\_\_\_\_
16. Does anything make your complaint/pain better? \_\_\_\_\_
17. Is there any time of day when your complaint/pain is worse?      Y      N      If yes, when? \_\_\_\_\_
18. Is your complaint/pain getting better, worse or staying the same? \_\_\_\_\_



Using the symbols below, mark on the pictures where you feel pain.

Numbness	N
Dull Ache	A
Burning	B
Sharp/Stabbing	S
Pins, Needles	P
Other _____	O

19. If applicable, please list any foods, drugs, or medications you are hypersensitive or allergic to (please include reaction):

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20. Please list any medications (prescribed and over-the-counter), vitamins, and supplements you are currently taking:

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21. Do you have any reason to believe you may be pregnant?      Y      N

If so, how far along are you? \_\_\_\_\_

22. Do you have any infectious diseases?      Y      N      If yes, please identify: \_\_\_\_\_

23. **Childhood Illness** (please circle any that you have had):

Scarlet Fever      Diphtheria      Rheumatic Fever      Mumps      Measles      German Measles  
Chicken Pox

24. **Immunizations** (please circle any that you have had):

Polio      Tetanus      Measles/Mumps/Rubella      Pertussis      Diphtheria      Hepatitis B

Others: \_\_\_\_\_

25. **Family History:**      Father      Mother      Siblings      Children      Grandparents

Check those applicable:

Age (if living)	_____	_____	_____	_____	_____
Health (G=Good, P=Poor)	_____	_____	_____	_____	_____
Cancer	_____	_____	_____	_____	_____
Diabetes	_____	_____	_____	_____	_____
Heart Disease	_____	_____	_____	_____	_____
High Blood Pressure	_____	_____	_____	_____	_____
Stroke	_____	_____	_____	_____	_____
Mental Illness	_____	_____	_____	_____	_____
Asthma/Hay Fever/Hives	_____	_____	_____	_____	_____
Kidney Disease	_____	_____	_____	_____	_____
Age (at death)	_____	_____	_____	_____	_____
Cause of Death	_____	_____	_____	_____	_____



26. **Height:** \_\_\_\_\_ **Weight:** \_\_\_\_\_

27. **Blood Pressure:** What is your most recent blood pressure reading? \_\_\_\_\_ / \_\_\_\_\_ When was this taken? \_\_\_\_\_

28. **Hospitalizations and Surgeries:**

Reason

When

Reason

When

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29. **X-Rays/CAT Scans/MRI's/Special Studies:**

Reason

When

Reason

When

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30. **Emotional** (please circle any that you experience now and underline any that you have experienced in the past):

Mood Swings

Nervousness

Mental Tension

Anxiety

Depression

31. **Energy and Immunity** (please circle any that you experience now and underline any that you have experienced in the past):

Fatigue

Slow Wound Healing

Chronic Infections

Chronic Fatigue Syndrome

32. **Head, Eye, Ear, Nose, and Throat** (please circle any that you experience now and underline any that you have experienced in the past):

Impaired Vision

Eye Pain/Strain

Glaucoma

Glasses/Contacts

Tearing/Dryness

Impaired Hearing

Ear Ringing

Earaches

Headaches

Sinus Problems

Nose Bleeds

Frequent Sore Throats

Teeth Grinding

TMJ/Jaw Problems

Hay Fever

33. **Respiratory** (please circle any that you experience now and underline any that you have experienced in the past):

Pneumonia

Frequent Colds

Difficulty Breathing

Emphysema

Persistent Cough

Pleurisy

Asthma

Tuberculosis

Shortness of Breath

Other Respiratory Problems: \_\_\_\_\_

34. **Cardiovascular** (please circle any that you experience now and underline any that you have experienced in the past):

Heart Disease

Chest Pain

Swelling of Ankles

High Blood Pressure

Palpitations/Fluttering

Stroke

Heart Murmurs

Rheumatic Fever

Varicose Veins

35. **Gastrointestinal** (please circle any that you experience now and underline any that you have experienced in the past):

Ulcers      Changes in Appetite      Nausea/Vomiting      Epigastric Pain      Gas      Heartburn  
Belching      Gall Bladder Disease      Liver Disease      Hepatitis B or C      Hemorrhoids  
Abdominal Pain

36. **Genito-Urinary Tract** (please circle any that you experience now and underline any that you have experienced in the past):

Kidney Disease      Painful Urination      Frequent UTI      Frequent Urination      Heavy Flow  
Kidney Stones      Impaired Urination      Blood in Urine      Frequent Urination at Night

37. **Female Reproductive/Breasts** (please circle any that you experience now and underline any that you have experienced in the past):

Irregular Cycles      Breast Lumps      Breast Tenderness      Nipple Discharge      Heavy Flow  
Vaginal Discharge      Premenstrual Problems      Clotting      Bleeding Between Cycles  
Menopausal Symptoms      Difficulty Conceiving      Painful Periods

38. **Birth History:**

1. # of Pregnancies: \_\_\_\_\_ 2. # of Healthy Children: \_\_\_\_\_ 3. # of Miscarriages: \_\_\_\_\_

39. **Male Reproductive** (please circle any that you experience now and underline any that you have experienced in the past):

Sexual Difficulties      Prostate Problems      Testicular Pain/Swelling      Penile Discharge  
Known Issues with Sperm Count/Motility

40. **Musculoskeletal** (please circle any that you experience now and underline any that you have experienced in the past):

Neck/Shoulder Pain      Muscle Spasms/Cramps      Arm Pain      Upper Back Pain      Mid Back Pain  
Low Back Pain      Leg Pain      Joint Pain (if so, where?): \_\_\_\_\_

41. **Neurologic** (please circle any that you experience now and underline any that you have experienced in the past):

Vertigo/Dizziness      Paralysis      Numbness/Tingling      Loss of Balance      Seizures/Epilepsy

42. **Endocrine** (please circle any that you experience now and underline any that you have experienced in the past):

Hypothyroid      Hypoglycemia      Hyperthyroid      Diabetes Type I or II  
Night Sweats      Feeling Hot or Cold

43. **Other** (please circle any that you experience now and underline any that you have experienced in the past):

Anemia      Cancer      Rashes      Eczema/Hives      Cold Hands/Feet

Is there anything else we should know? \_\_\_\_\_

**43. Lifestyle:**

- a. Do you typically eat at least three meals per day?    Y    N    If no, how many? \_\_\_\_\_
- b. Exercise routine: \_\_\_\_\_
- c. How many hours per night do you sleep? \_\_\_\_\_    Do you wake rested?    Y    N
- d. Level of education completed:    High School    Bachelors    Masters    Doctorate    Other
- e. Occupation: \_\_\_\_\_    Hours/Week: \_\_\_\_\_  
Do you enjoy work?    Y    N    Why/Why not? \_\_\_\_\_
- f. Nicotine/Alcohol Use: \_\_\_\_\_
- g. Recreational Drug Use: \_\_\_\_\_
- h. Have you experienced any major traumas?    Y    N    If yes, explain: \_\_\_\_\_  
\_\_\_\_\_
- i. How many glasses of caffeinated/energy beverages do you consume per day? \_\_\_\_\_
- j. How many glasses of actual water do you drink per day? \_\_\_\_\_
- k. Television habits: \_\_\_\_\_    Reading habits: \_\_\_\_\_
- l. Interests and hobbies: \_\_\_\_\_

**How did you hear about Ascension Wellness Center?** \_\_\_\_\_